

# СПУДЕНТ

OCTOBER 2018



Cover Art: Alexandra Anderson

# FALLING INTO *STUDENT*

## A LETTER FROM THE *STUDENT* EDITOR

I'm not sure if it was when I watched *The Devil Wears Prada* or *The September Issue* that I knew being an editor of something was on the bucket list. Instead of challenging Anna Wintour in the fashion realm, I decided to tackle something a little more within my reach.

I have some big shoes to fill with respect to the redesign and revitalization of *Student* by former Media Director, Zenia Michno. As times have changed, so has the dynamics of our board. After feedback from the role of Media Director, the position has now been split. Mikaila Ortynsky handles all things media and I handle all things *Student*. Another wonderful addition this year is Nykole King who will be working on *Student* as a Resource Member! She is currently Web Editor of the University of Saskatchewan publication, *the Sheaf*.

As the *Student* Editor, I have a few clear goals for this year. My main focus is to solidify content from students across the country. I know we have many talented students in our community and I want to highlight their voices and their work. Despite changing times, I think there is still significant value in the written word and the proper distribution of information. I want to use technology to its fullest to propel *Student* into the digital

world. Some of these initiatives include posting additional articles to Facebook in our "off" months. A second initiative, that Nykole took the lead on, is getting our issues onto a platform called Issuu. Issuu makes it easier to share and track views on social media. As I previously stated, I want people to know what Ukrainian-Canadian students are up to, and using social media platforms like Facebook is a natural fit.

A personal goal is to get emerging student artists and designers involved. Last year, I contributed a couple covers for *Student*. As an amateur artist myself, I know the value of getting your work seen. I am pleased to have Alexandra Anderson, a fellow Manitoban, as our first artist of this academic year.

I look forward to what this year will bring and welcome new collaboration and ideas.

As Miranda Priestly (*The Devil Wears Prada*) would say, "that's all."

Dayna Konopelny  
Даня Конопельна  
*Student* Editor



### **OCAD University, 2nd Year Industrial Design**

*Job I'd have if money didn't matter:* Rent studios around the world and make all kinds of things based on how I'm inspired in that place

*If I could trade places with anyone for one day:* Meryl Streep, so I could learn how to be poised and graceful

*I know all the lyrics to:* Thrift Shop by Macklemore



### University of Saskatchewan, 4th Year International Studies

*Job I'd have if money didn't matter:* Dog Walker

*If I could trade places with anyone for one day:* Tessa Virtue. I want to be an ice dance darling.

*Best dad joke:* How do you catch a fish without a fishing rod? With your bear hands.

# REDISCOVERING THE PAST

## A LETTER FROM OUR RESOURCE MEMBER

I've been racking my brain trying to figure out why it is so captivating to look back on old photos and posts. Throwback Thursday has become ubiquitous on social media, but I think that it has to be more than just the nostalgia that drives this trend. We use throwbacks to compare between then and now, and milestones remind us to reflect on how far we have come to becoming better, more improved version of ourselves.

At the beginning of the term, the SUSK Board of Directors decided that the best way to celebrate *Student's* 50th anniversary was to focus on strengthening and professionalizing the publication. Dayna and I are both very passionate about *Student* and ensuring that it reflects the voices of our Ukrainian-Canadian student community.

If you look through the *Student* archives, you'll see that the tone of articles has changed over time. Some issues

in the 1960's consist mostly of politically-charged articles which reflect the Cold War tensions of that time and the concerns students had for family still living in the USSR. Whereas the issues in recent memory reflect a more optimistic and light-hearted tone. I should point out that neither of which is necessarily better than the other.

The significance of this quarterly publication is far beyond showing the wider community that we are an active, collective group. It is a tool for us to document and reflect on what is important to our community, and I look forward to seeing what we make of it this year.

Do zustrichi,

Nykole King  
Николь Кінг  
Resource Member — Student Publication



### About the Cover Artist

Alexandra Anderson is currently a student at the University of Manitoba. We have endearingly named her the "Queen of Minors", as she has about four different areas of study that could be her minor. This gal just loves learning! She also plays on the Bison's Women's Hockey Team. This is Alexandra's first cover for *Student*, and used collage techniques to make the cover. Alexandra attended the SUSK Congress in Banff this past May, representing the University of Manitoba Ukrainian Club.



# СТУДЕНТ

## CONTRIBUTORS

Stephanie Nedoshytko

Dayna Konopelny

Nykole King

Connor Moen

Ashley Halko-Addley

Mattay Dubczak

Mikaila Ortynsky

Devon Goldie

Cassian Soltykevych

Alex Pankiw

Orycia Karpa

Justina Tychanski

Nina Semchyshyn

Dmytro Dutka

Marnie Howlett

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# Вітаю!



It is my pleasure to welcome readers to *Student* news magazine, SUSK's quarterly student-run publication, which is celebrating the 50 academic year since it was first published! In this first issue of the 2018-2019 academic year, I am excited for everything that *Student* has to offer. We hope to continue to provide quality content in both Ukrainian and English. No matter what program you are in, whether you are a SUSK alumni or a member of the community, the *Student* publication is a great place to find what Ukrainian Canadian students are passionate about.

SUSK is especially excited about the evolution of *Student* since the movement to revitalize the publication last year, started by Zenia Michno, former SUSK Media Director. With a more creative design featuring different mediums of students across the country, we hope to keep you entertained in the ever-changing digital age. At our last Congress, the SUSK membership voted on adopting new bylaws and policies, which included the introduction of a new position: Student Editor. This split the position of Media Director into two, and allow each position to hone in on their niche areas. Additionally, this year's SUSK Board of Directors also decided to bring on a Resource Member to assist with the publication. I am excited to see what Dayna Konopelny, Student Editor, and Nykole King, Resource Member – *Student*, are going to bring this year. Their skills are top-notch and complimentary, allowing them to build off of the hard work of Zenia.

Delegates participated in another unforgettable congress this summer in Banff, acknowledging the First World War Internment Operations and further learning how to be leaders in their respective communities. The SUSK Board of Directors has had a few busy months of the start of their terms. Our External Relations Director, Raya Dzulynsky, co-ordinated meetings with Ukrainian Canadian students and Mitacs interns from Ukraine across Canada. She was also successfully elected to the World Congress of Ukrainian Youth Organizations (CKYMO) as a member of the presidium. Additionally, our Advocacy Committee, Strategic Planning Committee and Alumni Committee have plans well underway for the year.

Also, we will soon be releasing a guidebook targeting high school students who are choosing which university or college to attend. We are now in the final stages of completion and we are excited for you to see it. Our trans-Canada board is excited to carry through some exciting ideas and initiatives this year. The regional vice-presidents have started planning regional meet-ups and the annual National SUSK Congress event in May. As always, we hope to stay focused on supporting and growing our member Ukrainian Students' Organizations (USOs).

We are pleased to also announce that the USOs in BC have grown substantially in both Victoria and Vancouver. Additionally, SUSK will see continued stability with our National Coordinator, Connor Moen, staying with us for a third year. We look forward to a number of regional events and national projects.

Join your local USO if you haven't already because I promise you that this will be an unforgettable experience. On a personal note, I have recently moved from Edmonton to Ottawa to attend law school and the local USO and Ukrainian community in Ottawa that has really helped me feel more at home. Despite the bagged milk and strange looking squirrels, it's the people that you surround yourself with and the community you build that makes the difference. Now, get involved! You'll thank me when you take advantage of the opportunity.

I hope you enjoy this issue.

Всього найкращого!

Stephanie Nedoshytko  
Стефанія Недошитко  
*SUSK President*

# SUSK Executive

Our National Executive from across Canada.

## Stephanie Nedoshytko, President



**University of Ottawa, 1st Year JD Common Law English**

*Job I'd have if money didn't matter:* I'd love to work in Ukraine and abroad on human rights efforts. The UN is the dream, but all the internships are unpaid for the most part. I would love to dedicate my life to a non-profit world.

*Favourite Movie:* I don't necessarily have a favourite movie, but I do have a somewhat embarrassing secret. Anytime I watch movies, it's an animated film to escape stress (Despicable Me is too cute!)

*If I could trade places with anyone for one day:* Chrystia Freeland. She's such a bad ass woman and genius negotiator.

## Mattay Dubczak, Vice-President National



**Western University, 4th Year Ivey School of Business**

*Job I'd have if money didn't matter:* Food Critic or Sports Commentator

*Favourite Movie:* The Great Escape or Oceans 11

*Best Dad joke:* Just watched a TV show about Beavers, it was the best dam show I've seen.

## Roman Grod, Vice President Finance



**Wilfred Laurier University, 3rd Year Honour Economics and Management**

*Job I'd have if money didn't matter:* Aerobics Instructor, I find 80s workout videos very inspiring for my fitness goals

*Favourite Movie:* Dirty Dancing, I've been working on lifting like Patrick Swayze

*If I could trade places with anyone for one day:* Yogi Bear, I just want to spend a day in Jellystone Park stealing some picnic baskets.

*Due to my inability to meet the deadline... after many reminders, this submission was created with creative liberties. xoxo Student Editor*

## Maxym Dubczak, Vice-President East



**Queen's University, 2nd Year Engineering**

*I know all the lyrics to:* The Canadian National Anthem

*Favourite Movie:* Jurassic Park (the original)

*Best Dad joke:* What's Donald Trump's favourite brand of gum...Bigly Chew.

## Olena Sazanska, Vice-President Central

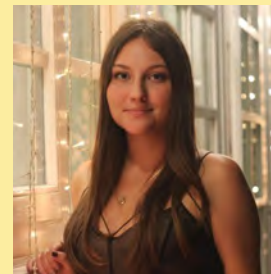
### University of Toronto, Odesa National Economic University

*Job I'd have if money didn't matter:* Professional Opera Singer (hopefully I can sing)

*Favourite Movie:* Bring it On (all of them), nothing better than a good cheerleader showdown with tons of drama, some romance, and a few twisted ankles

*I know all the lyrics to:* Jump On It by Sir Mix-a-Lot, what a jam!!!

*Due to my inability to meet the deadline... after many reminders, this submission was created with creative liberties. xoxo Student Editor*



## Devon Goldie, Vice-President West

### University of Victoria, 1st Year Master of Arts in Applied Theatre

*Job I'd have if money didn't matter:* Theatre Artist! Creating theatre is my absolute passion...but the term "starving artist" exists for a reason!

*Favourite Movie:* RENT the Musical

*I know all the lyrics to:* Ти ж мене підманула. It's legit #3 on my Top 25 Most Played playlist



## Andriy Katyukha, Internal Relations Director

### Queen's University, 1st Year Doctor of Medicine Program

*Job I'd have if money didn't matter:* Sketch Comedy Writer

*If I could trade places with anyone for one day:* Donald Trump

*I know all the lyrics to:* Candy Shop



## Raissa Dzulynsky, External Relations Director

### Western University, 3rd Year Richard Ivey School of Business

*Job I'd have if money didn't matter:* Professional Athlete

*If I could trade places with anyone for one day:* CEO of Google

*I know all the lyrics to:* You Belong with Me by Taylor Swift



## Mikaila Ortynsky, Media Director

### University of Saskatchewan, Edwards School of Business, Bachelor of Commerce, Human Resources

*I know all the lyrics to:* Bohemian Rhapsody (sorry I'm basic)

*Best dad joke:* How does Santa's accountant value his sleigh? Net present value.

*If I could trade places with anyone for one day:* Malcolm Gladwell



## Ashley Halko-Addley, Alumni Director



**University of Alberta, 2nd Year Master of Arts**

*Job I'd have if money didn't matter:* Is professional traveller a job?

*Best dad joke:* What time is it? Time for you to get a watch. I use this one a lot, usually multiple times a week.

*If I could trade places with anyone for one day:* Can I trade places with my cat, Geronimo? I'd love to just eat, sleep, and get pet all day—he's treated like a king, but has zero responsibilities.

## Nykola Dovgyy, Project Director



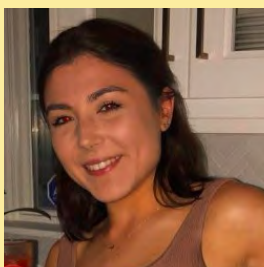
**University of Saskatchewan, 2nd Year Kinesiology**

*Job I'd have if money didn't matter:* Snowboard Instructor in the winter (anywhere in the Rockies), and a Surf Instructor in the summer (in Tofino)

*I know all the lyrics to:* You Can Call Me Al by Paul Simon

*Best dad joke:* If you get heartburn from eating birthday cake every time, try taking the candles off.

## Natalie Blyzniuk, Secretary



**Western University, 3rd Year Medical Science**

*Job I'd have if money didn't matter:* Baker

*Favourite Movie:* Inglorious Bastards

*If I could trade places with anyone for one day:* Stephen King, I just need to know what goes through his head

## Cassian Soltykevych, Past President



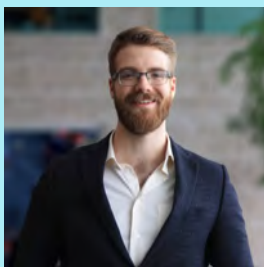
**Alumnus of University of Alberta—Commerce**

*Job I'd have if money didn't matter:* Ski Resort Reviewer

*Favourite Movie:* Mean Girls

*If I could trade places with anyone for one day:* As long as I also had their abilities, an ER nurse. Can't imagine everything that happens in a day.

## Connor Moen, National Coordinator



*Job I'd have if money didn't matter:* Food critic/blogger/personality

*Favourite Movie:* The Lion King

*I know all the lyrics to:* Every song on Britney Spears' Blackout (every track is a **bop**)

*Best dad joke:* What do you call a snack that is 3.14 metres long? A pi-thon.

*If I could trade places with anyone for one day:* Queen Elizabeth's pet corgis (imagine having that clout and no responsibilities)





# WE WANT TO HEAR FROM YOU!

If you would like to be heard or have  
something to share, send it in!

Submit your material to [student@susk.ca](mailto:student@susk.ca)



# SUSK CONGRESS 2018: TOP SIX TA



STEPHANIE NEDOSHYTK

It's crazy to think that five months have come and gone since 70 students gathered in Banff National Park for the 2018 National SUSK Congress titled "Rediscovering the Past." This congress acknowledged and raised awareness about Internment Operations during WWI where Ukrainians and other ethnic minorities were unjustly imprisoned. In those few months, we've reflected on the weekend and what we took away from it as being Congress Committee members. Despite the sleep deprivation of planning, organizing and executing a large-scale event, here are some fun memories we took away from the 2018 SUSK Congress.

## 1 Banff is beautiful

We're not sure if Congress has ever been held in a more scenic place than Banff. There was nothing cooler than being surrounded by majestic mountains while doing work — sure beats the library!

The top two Banff highlights were 1) being interrupted by deer while eating pizza before Ryan Boyko's screening of *That Never Happened*; and 2) another deer appearing behind some speakers while giving their address at the zabava at the The Fenlands Banff Recreation Centre. You don't see that every day!



## 2 Interactive site tour

Delegates had the opportunity to visit the site of the Castle Mountain internment monument that memorializes the internees that were unjustly detained. Led by University of Saskatchewan Professor Dr. Bohdan Kordan, students learned about the Internment Operations of WWI near the site of the former internment camp.

Afterward, delegates visited the museum at the Cave and Basin National Historic Site where historical documents, letters and pictures of internees were displayed. Shortly after, delegates were able to video conference with Canadian artist John Boxtel who sculpted the internment monument. Most delegates noted that this was their most memorable moment of congress as it was a surreal experience.



## 3 SUSK-mobile

Thank you to our amazing volunteer, Romko Storoshchuk, for shuttling delegates back and forth from the Calgary airport to the Banff. Delegates felt like a celebrity rolling up to the Banff Centre in a Dodge Caravan decked out in SUSK stickers. Without the SUSK-mobile, there would be no congress and no new friendships formed — thank you, Romko!

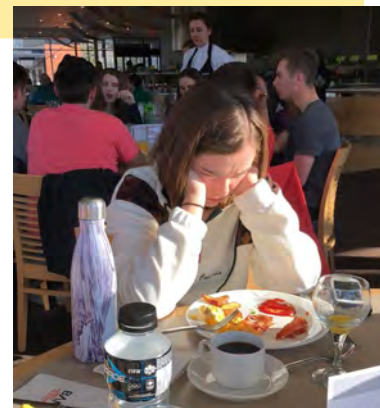


# TAKEAWAYS AS THE ORGANIZERS

JO & MIKAILA ORTYNSKY

## 4 Food

I think it's safe to say that the Banff Centre exceeded our expectations in regards to the culinary side of things. After eight months of eating Kraft Dinner and frozen meals, it's nice to have a good meal. If you're eating a fancy appetizer you've never heard of before that has to mean it's good, right? Ashley looks like she is in love with her meal! Thank you Banff Centre!



## 5 Speakers

While we don't necessarily have the statistics to back this up, we're quite positive this is the largest amount of speakers that have attended a congress — at least according to recent memory. We are grateful to all the speakers taking time out of their busy schedules to discuss the importance of raising awareness for WWI Internment Operations.

They traveled from across Canada to speak to our delegates. Special thank you to those that drove from home to Banff and back in one day! We also thank our sponsors whom we could not have done it without.

## 6 Soft Memory

Like every congress, we understand that not everyone appreciated the early wake up calls and the necessity of sticking to a tight schedule. We are positive that not only did delegates learn valuable information about the WWI Internment Operations, but they became motivated from learning about this forgotten chapter of Canadian history. They learned how to become leaders in their local communities and met students, alumni and speakers from across the country. Last but not least, they built lasting friendships — the type of friendships that last a lifetime. Our favourite thing to say after congress is “now you have a couch to sleep on no matter where you go” because you've meet someone from nearly every major city across Canada.



# A DREAM FULFILLED IN UKRAINE

ALEXANDER PANKIW

For as long as I can remember, it was a dream of mine to be able to travel to Ukraine. Perhaps many of you can relate to the inexplicable longing to return to the land of your ancestors — a land rich with history and tradition. Being raised in a family where Ukrainian language and culture were paramount, I knew wholeheartedly that I would one day fulfill this dream. It wasn't until recently, however, that an opportunity to study at the Ukrainian Catholic University (UCU) in L'viv presented itself. As a seminarian for the Ukrainian Catholic Church, this could not have been any more appealing. With great faith and excitement, I applied for admission to the spring program, and shortly after was accepted.

The UCU offers language and culture program annually ranging from two-to-six weeks in length. The program is intended to develop an individual's Ukrainian language skills while immersing them in Ukrainian culture. The campus is arguably one of the best and newest in Ukraine featuring exemplary classrooms, welcoming study spaces and comfortable dormitories.

Once I arrived in Ukraine, I attended the Sunday Divine Liturgy at the church on campus and later got settled in my room. This was the perfect way to immerse myself into the culture as Ukrainians are strongly



rooted in their faith and the modesty of living spaces in Ukraine was manifest in my dorm room. Over the course of my three-week tenure in L'viv, it was these two examples of



Ukrainian life which I came to appreciate the most.

My classes were typically are three hours in the morning, and then you meet with a tutor for an hour to review class material and complete homework assignments following lunch. In the afternoon and evenings, we would be encouraged to go on excursions, either on our own or in a group. Many of our excursions included seeing popular sites such as the L'viv High Castle, St. George's Cathedral, the Armenian Cathedral of L'viv, Rynok Square and the L'viv Theatre of Opera and Ballet. We also spent a weekend in the Zakarpattia Oblast and visited Mukachevo and Uzhhorod. Each day was always filled with exciting activities and the classes were regularly changing which made the classes engaging and challenging.

At the conclusion of my program at UCU, I took an unforgettable three-day trip to Kyiv.

*Continued on page 23.*



# RED BULL IS LIFE

## ORYCIA KARPA

Did you have an amazing summer? I know I did. I had the opportunity to live in Toronto for four months and work as a Brand Marketing Intern for Red Bull Canada. It really doesn't get any better than that.

This past summer was filled with a lot of firsts: first time living away from home, first internship, first Shakira concert at the Scotiabank Arena (best night of my life).

To give you a bit of background, I work as a Wings Team Member for Red Bull in Winnipeg. Every summer, field teams are able to apply for summer internships at headquarters in Toronto. This year, five departments offered an internship.

Now you may be asking what brand marketing is. The way I see it is this, Red Bull is a global company that needs to have a consistent image. This is how we are easily recognized and remembered no matter where you are in the world. Global headquarters has set certain standards and guidelines that need to be followed. The brand marketing teams, also known as the "brand police," make sure each country honours these rules. Hopefully that made sense.

One of the many perks of being on the brand marketing team is you get to work with multiple departments in the office. I had the chance to work with our sport team and design a new key visual for Joyride, create a music event with the culture team and work with Google Canada and Snapchat Canada on a few collaborative projects.

The coolest project I worked on was our fall collegiate campaign called ISO: Wings. Hopefully you have seen it activated on your campus. We worked with our creative and advertising agencies to come up with a new way to give students Red Bull. It was really great seeing the project from start to finish and having my ideas implemented into the campaign. I felt like I was contributing directly to the company.

This internship has made me really excited for a career in marketing. After the internship, I moved back to Winnipeg and I am currently in my first-year of Creative Communications at Red River College. I hope to major in Advertising and Marketing Communications.

I appreciated my short stay in Toronto for various reasons: I know I can survive on my own (it's not as scary as you think it is), Toronto is a vibrant city full of opportunity, it gave me lifelong friends and

*Continued on page 23.*



# BOOKSHELVES IN THE БІБЛІОТЕКА: AN ISLAND OF LIBRARY ADVENTURE VOLUNTEERISM

DEVON GOLDIE

Just like many of you, I love volunteering in the community. Over the past few years, I became more involved with the Ukrainian community in Victoria, so it felt like a natural progression to also begin volunteering in the community. While I was at the Ukrainian Canadian Cultural Society of Vancouver Island AGM, a community member mentioned that there is interest in revitalizing the Centre's library, which has been disused a number of years.

The library was established 30 years ago with about 2,500 books in English and Ukrainian, and over the years, people donated their own books to the library, making the collection closer to 3,000 books. Yet, the donations were added to the shelves in no particular order and the collection had not been updated and catalogued for over 20 years. Long story short, it was kind of a mess.

Coincidentally, my partner, Mark, is a teacher-librarian and is educated in the magic of library sciences, so we volunteered to lead the library revitalization project, or rather, Mark would take the lead and I would be his dutiful, less library-savvy assistant.

This summer, Mark, a few volunteers and I were under the supervision of Robert Herchak, a board member of the organization. The first step was to

the shelves, accompanied with 20 years of dust that had accumulated. Having a few people fluent in Ukrainian really helped because even though I know some Ukrainian, but certainly not enough to know the difference between Ukrainian literary criticism and Ukrainian history!

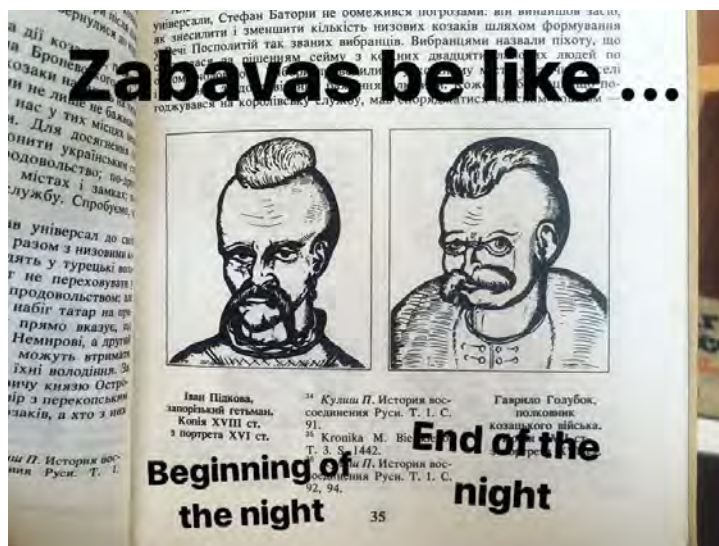
Once we finished this arduous, sneeze-inducing task, we started working on documenting the titles, authors and call number sections for the books in a master spreadsheet. We then returned the books to the shelves in the order of our new call number system all while labelling the shelves as we went.

It was fascinating going through the books and finding texts that you would never find in a university library. I even found a few Ukrainian play scripts which was very exciting as a theatre student!

This process took us through to the end of the summer so Mark and I both went back to our busy lives working in a middle school and completing a master's program which meant an

inevitable slowdown of the library project. However, we still work on the library revitalization project for a

*Continued on page 23.*



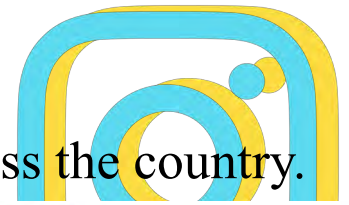
sort the books into genres, and luckily, we had been provided with a call number system created by the library at the Ukrainian Community Centre of Ivan Franko in Richmond, BC.

Waves and waves of books came off





# ON THE 'GRAM



Featuring the Instagram posts from our clubs across the country.

uwukrsa



uwukrsa What a great turnout for our first meeting to kick off the year! We'll keep you updated on the events that this great group of people has planned for you!

uscnyork



uscnyork Throwback to our first pub night that happened last friday! It was a great turn out, we are so happy that you all came! Stay tuned for more events in the near future 🇺🇸 #pubnight #ukraine #ukrainianstudentsclub #yorku #україна #students

uscuft St.Vladimir Institute - Toronto



uscuft First General Meeting of the year 🇺🇸 #ukrainianstudentsclub

ukrss\_18 Ukrainian Cultural Centre



ukrss\_18 Дуже дякую to everyone who joined us for the Ukrainian Dinner at the Cultural Centre last night! There's nothing like homemade varenyky and holubtsi! 🇺🇸🇵🇸 Next up is our open meeting this upcoming Monday, October 1st! 5:30 PM in Room B017 in the SUB (in the basement) Come help us plan our year! 😊

#Ukrainian #ukrainiandinner #ukrainiancanadian #perogies #varenyky #holubtsi #uvic #uvicpics

westernukies Western University



westernukies So much blue and yellow 🇺🇸🇵🇸 don't forget to come see us at the Mustang Lounge!! 🇺🇸🇵🇸

ukr\_students University of Alberta



ukr\_students Join us for our annual Welcome Back Barbecue on September 26th at 5:00pm in Business Quad; all USS members will receive a hamburger, snacks, and a pop for FREE (yes, we like to spoil our members). If you're not a part of USS yet, not to worry, memberships can be purchased for only \$10. Also we'll be electing our First Year Representative at the barbecue, so if a position on our executive sounds like something you'd be interested then join us on the 26th!

We can't wait to see you all there!

usc\_ryerson Canlan Sportsplex



usc\_ryerson Thank you everyone who participated in our 2018 Dynamo Soccer Tournament! 🏆 The Tournament was a success with a full capacity of teams this year! 🙌 Special thanks to @canlansportsplex for letting us use their facility!

1st Place (Photo 1): Veselka S.C.  
2nd Place (Photo 2): FC Celso  
3rd Place (Photo 3): Cabbage Rollers FC

Don't forget we have a zabava tonight as well! Doors open at 9pm! Tournament members are free and regular admission is \$20! See you there and let's celebrate 🥳🍷🍻

#uscryerson #ryerson #university #soccer #tourney #tournament #champions #autumn #zabava #tonight #ukrainian #party #sports #band #music



# MY CAMP, YOUR CAMP, OUR CAMPS

COMPILED BY: DAYNA KONOPELNY

As a program coordinator at the Ukrainian Catholic Camp in Gimli, MB, I see how much time and energy students are volunteering to Plast, CYM or church camps. In my case, I have the benefit of being employed on a summer student grant, but for many, that's not the case.

Something unique about the Ukrainian Park Camp is that the campgrounds are home to both Plast and CYM and the Catholic church camp. This provides a collaborative and collective experience at the

beloved Ukrainian Park Camp, so I used that inspiration to bring you a variety of camp stories for the pages of *Student*. We have some experiences and reflections of students from across the country and from a variety of organizations.

This compilation is a shout out to all the students who continue to keep our camps going for future generations.

If you're reading this and feel your camp was missed, please reach out so that we can include it in later issues of *Student*.



## ПЛАСТ ТАБІР ТОРОНТА DMYTRO DUTKA

Мене звали Дмитро Дутка і я є член пластової станиці в Торонті. Це був мій 7ий новацький табір де я був виховником (братчик) і провідником табору. Наша оселя де ми таборуємо називається «Пластова Січ» і є приблизно годину і пів від Торонта. Пласт є скаутська організація де ми вчимо українську молодь як таборувати в природі на базах пластового закону. На новацькому

таборі діти беруть участь в різних рухливих заняттях, майструють, співають на ватрах та багато більше. Що спеціальне про новацьких таборів є що ми маємо програму і тему. Цього року новаки помогли чарівному пану з'єднатись мурзеткою і допомогли знайти його загублений артефакт безпечно!

Для мене Пласт є дуже важливим. Я тут познайомився з своїми найкращими товаришами, навчився як провадити і став кращою людиною. За це я завжди буду вдячний.

Побачимось на наступному таборі!





# GREEN GROVE UKRAINIAN ORTHODOX YOUTH CAMP SASKATCHEWAN

MARNIE HOWLETT



Pryvit! My name is Marnie Howlett, and I am a Canadian PhD candidate at the London School of Economics and Political Science in London, England. Although I currently live in England, I spent 18 summers at Green Grove Ukrainian Orthodox Youth Camp as a camper, volunteer, counsellor, co-director and director.

Green Grove is a Ukrainian Orthodox church camp located at Wakaw Lake, Saskatchewan. Established in 1949 for children aged six to 14 years old, the camp continues to run an annual summer program with approximately 60 children and 15 staff members.

During the camp's two-week duration, the children participate in religion and Ukrainian language classes, sports activities, singing, crafts, Ukrainian dance and swimming. There are evening activities such as celebrating Ivana Kupala, playing capture the flag and two zabavas where there is plenty of music and dancing.

On one of the last evenings of camp, a formal banquet is held where the children dress up and are served restaurant-style by the counsellors — this dinner is definitely a highlight for both campers and counsellors alike. Then, on the final Sunday, the children perform the dances and songs they have learned at camp for their friends and family.

In addition to the volunteer and paid employment



opportunities, Green Grove has taught me numerous lessons about leadership, communication, teamwork and initiative. Many of my closest friends today are also people whom I spent many summers with both as campers and counsellors. Yet, the thing I view as the most important takeaway from Green Grove is my passion for Ukrainian culture.

Like all Ukrainian camps across Canada, Green Grove Ukrainian Orthodox Youth Camp aims to educate young Ukrainian Canadians about their heritage so that they can better understand who they are and where they come from. As I truly believe that my time as a camper helped to shape me into who I am today, I have continued to be involved with the camp in hopes that I can share my love for Ukrainian culture and the traditions with the next generation.



# UKRAINIAN PARK CATHOLIC

## CHILDREN'S CAMP

# MANITOBA

JUSTINA TYCHANSKI

Mama first sent nervous, little Justynka off to summer camp at the age of nine while she had a broken arm and a brother to keep an eye on. Flash forward 14 years and you can still find this divchyna at this very same summer camp! Needless to say, my love for the Ukrainian Park Camp in Gimli, Manitoba runs deep. Through the years, I've experienced all of the camp's varying facets – from camper to counsellor to camp coordinator.

The children who come to our camp are from various backgrounds, such as recent immigrants from Ukrainian, Canadian with a Ukrainian heritage or even those without a trace of Ukrainian culture but an appreciation for it, nevertheless. At the end of the week, you'd never be able to guess that the campers didn't know each other beforehand because the bond between them grows deeply and oh-so-quickly.

Camp was always a place I could

leave the troubles of my city life behind. Each year we develop a theme for our camp, and without fail, the kids never cease to amaze us with their creativity. This past year we designed shoes, built egg-launching catapults and we even created videos about invasive species that were both informative and hilarious.

We also turned our kids into chefs by crafting homemade ice cream and branding it — any for some ever-appetizing “cold mold?” Thankfully, the food made by the chefs had much more appetizing names and they had the kids coming up for seconds, thirds... and more concerning fourths and fifths.

Clearly, it was more than just the food that kept me coming back to camp for a fourteenth helping. I am eternally grateful to camp for the lasting bonds made and the incredible people I have connected with, worked with, and that I am constantly inspired by.



## PLAST TABIR

MATTAY DUBCZAK

# ONTARIO

From the earliest time I can remember, I've been involved in PLAST, a Ukrainian scouting organization. It has given me more than I can ever give back to the organization as I've made lifelong friends on multiple continents, met mentors, skied in the Austrian Central Alps, climbed mountains, canoed through rivers and rapids and just generally had leadership experiences that I would not have had otherwise.

Now, I know you might be thinking that that has no impact on you and that it is just me listing some cool things I've gotten to do. That's not necessarily the case. I'm just giving you some examples of what can happen if you

decide to take opportunities that lie in front of you. I'm lucky in the sense that I was presented these opportunities through an organization, but by no means did I have to take them. I was able to do all these things because the opportunity was there, and I chose to take it.

Sometimes in life you must create opportunities yourself, and sometimes they're handed to you. Regardless of if you create your own or you're given a chance to do something, I think that taking that chance, even if you don't know what the outcome is going to be, is worth it. Just a few things to think about as we get into the school year.



# PLAST TABIR GIMLI JULIAN FOSTEY MANITOBA



There are boy scouts and there are girl scouts, but then there's Plast. Plast is the co-ed Ukrainian equivalent that has an awesome, take-no-prisoners vibe with a schedule packed full of activities for kids aged six to 12 just off the grand shores of Lake Winnipeg.

I'm Julian Fosty and I've been in Plast for 15 years — with the last four years as a counsellor — and I've been part of 10 табори (camps) in total. This year, along with fellow SUSK member Riane Kandia [@rianeKandia], the two-week adventure was themed 'sailing Kozaky,' and the search for their long lost treasure, and all the pirates who wanted it too.

The classic plotline started swimmingly with sword making and custom хустки — if you know, you know. Of course, training consisted of GPS navigating, mini boat racing and slip-n-sliding.

The entire camp will communicate in Ukrainian as it is incredibly important to preserve our organization's most distinguishing feature, and by the end, everyone surprises themselves at their level of fluency.



Fun Fact: UCC CEO Ihor Michalchyshyn is the embodiment of Plast. Ask him about me.

If you don't like cheesy things look away now. I can say 'hundo p' that Plast was/is/will be the best thing that's ever happened to me. Today I have friends all over (OG's know who you are), acquired amazing skills, visited shweet places, partied bilingually and taken fire instagrams because #priorities. Not to be too inspirational but do yourself a favour and get involved, down the road be like мама & тато Fosty sign your kids and your friends' kids up. It's an unreal time.

## CYM Montreal Відпочинковий Табір QUEBEC NINA SEMCHYSHYN

In 2000, my family and I went to drop off my sister at CYM Winnipeg Tabir for the week and that is when my love for the camp lifestyle began. I pulled the pillow and blanket off of my sister's bunk, made my own bed and waved goodbye to my parents as I decided to sign myself up for camp.

In the years that followed, my summers were filled with back-to-back camp programs. The things I loved most about being a camper was being outside and meeting new people and making lasting relationships with

them. But that being said, working at a camp is an even greater love of mine.

For the past three summers, I have had the pleasure of working at Montreal's CYM Tabir. All the people I have met and had the opportunity to know have a very special place in my heart, and I count the days down until I get to



work alongside them again next summer.

This year marked a variety of milestones, including CYM's 70th anniversary, a century since the Central Rada had adopted the tryzub as a national symbol and 250 years since the Haidamaky uprising,

*Continued on page 23.*



# LEVELING UP: THE REACH ART MENTORSHIP PROGRAM

CONNOR MOEN

## **Bold. Bright. Innovative.**

These are just a few words that come to mind when I think of the the REACH Mentorship/Residency for the Arts, the newest program of the Canadian Ukrainian Foundation of Taras Shevchenko. This grant is aimed at committed and professional artists under the age of 40 who want to reach the next level in their careers and development as artists.

Now, who fits the bill as an artist? This is a new program aimed toward as many prospective applicants as possible. I would encourage all visual artists, designers, musicians, architects, chefs, tailors or anyone that is at all connected to the arts to seriously consider applying for this program.

As I have worked for SUSK and the Ukrainian Canadian Congress – National over the last two years, I cannot stress enough about the importance of having solid mentorship and this program seeks to accomplish exactly that. Also, I cannot thank Ian Ihnatowycz and Marta Witer of the Ihnatowycz Family Foundation enough for their generosity and commitment to making this happen.

On September 13, at the Super Wonder Gallery in Toronto, I had the pleasure to attend and volunteer at the REACH Launch Event. The event was an absolute spectacle with the space embellished with art installations, live performances and presentations from some of our most

dynamic young musicians, artists, filmmakers and photographers from across the country. I commend the event curator, Mark Marczyk of Lemon Bucket Orkestra, for pulling off the high-calibre event because it truly set the tone for the future patrons of this program.

## **How can SUSK support this?**

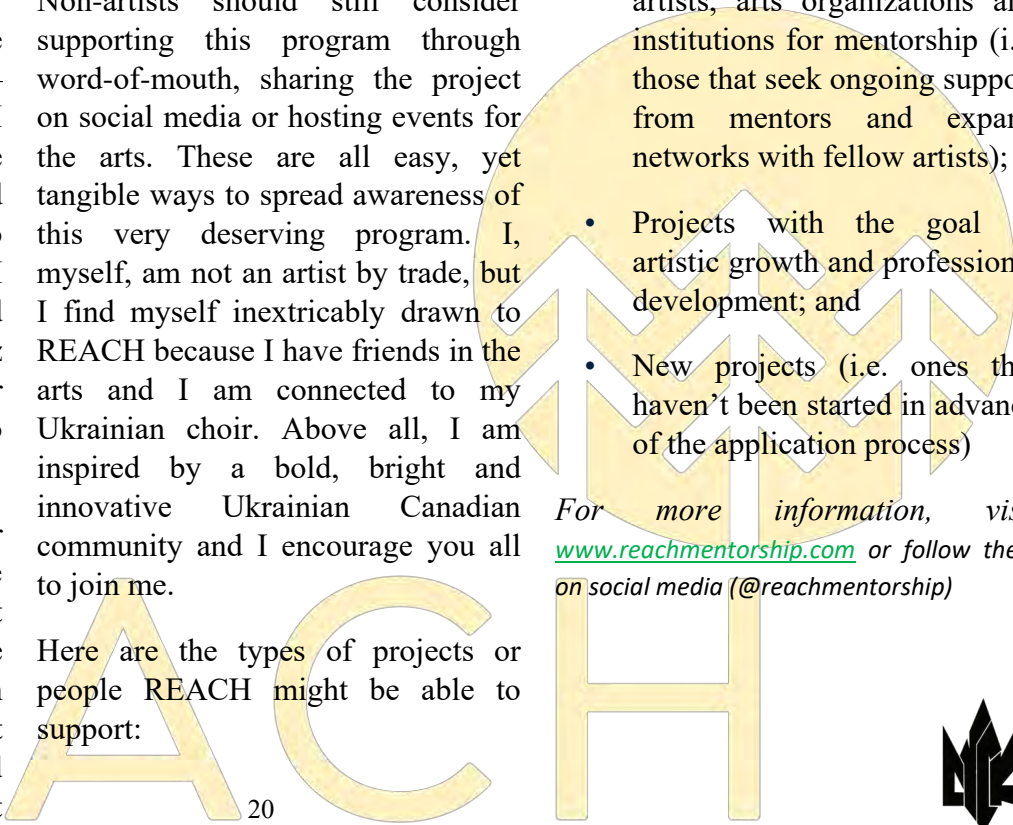
If this program sounds like something you could qualify for then apply as soon as possible! The program administrators want to work proactively with you to flesh out what could work for your vision, and, in my personal experience, calling about grant programming can go a really long way. [TL;DR - do not apply at the last minute]

Non-artists should still consider supporting this program through word-of-mouth, sharing the project on social media or hosting events for the arts. These are all easy, yet tangible ways to spread awareness of this very deserving program. I, myself, am not an artist by trade, but I find myself inextricably drawn to REACH because I have friends in the arts and I am connected to my Ukrainian choir. Above all, I am inspired by a bold, bright and innovative Ukrainian Canadian community and I encourage you all to join me.

Here are the types of projects or people REACH might be able to support:

- Projects of artists from the Ukrainian-Canadian community or artists whose work has a connection to Ukrainian heritage (i.e. you don't have to be Ukrainian);
- Projects that promote the inclusion of Ukrainian-Canadian cultural heritage and help shape the image of who we are as Canadians at home and outside our borders;
- Projects that have an aim or plan for presentation outside of the Ukrainian-Canadian community, either nationally or internationally;
- Artists who reach out to established and renowned artists, arts organizations and institutions for mentorship (i.e. those that seek ongoing support from mentors and expand networks with fellow artists);
- Projects with the goal of artistic growth and professional development; and
- New projects (i.e. ones that haven't been started in advance of the application process)

For more information, visit [www.reachmentorship.com](http://www.reachmentorship.com) or follow them on social media (@reachmentorship)





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## CALLING ALL SUSK ALUMNI!

Were you on SUSK's executive? Maybe the executive of a local Ukrainian Student Organization? Did you attend a Congress?

We want you! We want to be able to share what SUSK is up to with you and hear about what you've gotten up to since leaving SUSK!

To sign up, please go to the SUSK website and submit your contact information.

(also make sure to update your contact info as needed!)

Do you have great memories of SUSK? Maybe some photos at the back of your closet? How about great stories? We want it all! We're looking for any artifacts to help develop the SUSK archives!

Digital photos, written or audio stories can be sent to:  
[Alumni@SUSK.ca](mailto:Alumni@SUSK.ca)



# READING, FAST AND SLOW

CASSIAN SOLTYKEVYCH

A phrase that I would use to describe a shift in our society in the last decade is ‘immediate gratification.’ We are obsessed with completing a task, any task, and being satisfied we got something done. Our sense of deep thinking, hard work and perseverance to get a project completed over a long period of time has been replaced with celebrating every little win. Did you write that one email you were supposed to send three weeks ago? Good job! Did you mow the lawn? No, but you took the lawnmower out of the shed. Let’s celebrate that!

This issue doesn’t stem from one particular source, but rather it has come with the rapidly increasing pace of our lifestyles. It’s your boss asking you to show them all of the tasks you completed this week; it’s your phone alerting you of breaking news you have to read right now; and it’s your Uber Eats bringing over McDonald’s because you didn’t have time to cook dinner and fast food just isn’t fast enough if you have to leave your home.

While we were busy getting caught up in working on a whole bunch of little tasks, we got stuck focusing on short-term achievements and recognition. Most recently, I’ve seen this trend take a hold of one of our greatest forms of learning:

reading.

From the time we are crawling until the time we are taking prescriptions for our worsening ailments in a retirement home, we are constantly reading. But we really learn by focusing our attention line-by-line at a reasonable pace. While you are reading you are not only building your vocabulary, but your mind is working and getting stronger; reading is an exercise for the brain.

I recently saw an ad for an app that would solve a supposed problem we have when it comes to reading. People don’t have the time to read an entire book. Their answer? Help you read four books a day. Now, even if you destroyed your phone, picked up a pack of Red

Bull and ignored everything around you for a whole day, it is still unlikely you would get through four non-fiction books of average lengths. The app, Blinkist, says that it’s possible with their fifteen-minute book summaries which pull the key ideas from the most popular non-fiction books for you to listen to or read. Blinkist does have competitors, but I’ve seen their ads most often.

When viewing their top non-fiction books, I found it ironic that *Thinking, Fast and Slow* by Daniel Kahneman was listed. In just

nineteen minutes, you can be among the 459,000 people that have learned everything Mr. Kahneman wants you to take away from his book. Personally, I feel that Blinkist should have changed the title to simply *Thinking, fast*.

By reading only a book’s summary, you are missing the deep thought processes and exercise your brain needs. You are missing the perseverance it takes to get through a tough part. Most of all, you are robbing yourself the pleasure of an excellent book. Our lives are busier now than ever and we try to cram as much as we can into a day, yet somehow, we always find twenty or thirty minutes at the end of the day to scroll through Facebook or Instagram before falling asleep. The effects of a bright screen right before bedtime is a discussion for another time, but that is an example of a perfect opportunity to do some reading. Read a few pages over lunch instead of watching a video on YouTube or flip through a graphic novel on the bus ride home.

If reading a book feels like a chore then go to the library and invest your time discovering what interests you — be it Japanese manga, erotic poetry from Belgium or a Brazilian mystery novel.

Reading should be enjoyable, but it can and should take time and effort.



## A Dream Fulfilled in Ukraine

*continued from pg. 12*

Beginning with an overnight train with a car-full of Ukrainian soldiers who were delighted to share their horilka and kovbasa with a Canadian, I knew my brief time in Kyiv would be something memorable. As I mentioned earlier, I am a seminarian for the Ukrainian Catholic Archeparchy of Winnipeg, and as one might suspect, I considered the best use of my short time to be spent exploring the churches and monasteries in Kyiv that are abundant in beauty and history. In walking from church to church with a seminarian from Kyiv, we came across the Maidan Nezalezhnosti. This site was profoundly moving and one quickly gains an appreciation of the sacrifices Ukrainian people are willing to make for their freedom.

While the concept of ‘summer school’ might not appeal to many, I would highly recommend the Ukrainian language and summer program at UCU. If courses are not something which appeals to you, I would similarly encourage you to make a trip to Ukraine and explore everything the country has to offer. In travelling from Mukachevo, to L’viv and Kyiv, I saw abundant differences from the dialects to the types of food people ate. It was truly an enriching experience and I cannot speak any higher of the time that I spent in Ukraine. Without a doubt, you will return home transformed and longing to return once more to the home of your ancestors.

## Volunteerism

*continued from pg. 14*

couple of hours every weekend, and we anticipate that it will take about a year to complete.

Our next steps are to assign call numbers to each book, make spine and barcode labels and create an online catalogue that can be accessed from anywhere. We want the catalogue to be accessible on the website for the Centre and the website for the University of Victoria Slavic Studies Department.

The vision for the library is for it to become a cultural and social hub frequented by not only members of the Cultural Centre but also university students and members of the general public. I have enjoyed being a part of this process greatly, and I look forward to further working revitalizing this wonderful cultural space.

*Volunteerism is a column that will be featured in each issue of Student. It will highlight one of the SUSK board member’s additional volunteer work in our Ukrainian community.*

## CYM Tabir

*continued from pg. 19*

Koliyivshchyna. To commemorate these exciting anniversaries, the campers wrote letters to soldiers in Eastern Ukraine, participated in a Kozak-themed Amazing Race and visited the Holodomor National Awareness Tour bus, just to name a few.

Aside from all these fun activities, it is important that campers form a bond as a group. Walking up the hill and hearing the kids singing in their cabins or yelling at someone to clean their bed so they “win the clean flag” gives me an indescribable feeling of nirvana. Then watching the kids give goodbye hugs, and some even shedding a few tears, at the end of the two-week camp is proof to us

that they formed great friendships. And we hope that the kids come back in following years and one day even write an article for *Student* about their own experiences.



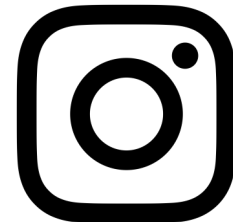
## Red Bull is Life

*continued from pg. 13*

memories and it has set the bar pretty high for future jobs.

If you have the opportunity to live away from home for a while, **do it!** You will learn a lot. You will also learn that FaceTime is your best friend.

**FOLLOW US  
ON  
SOCIAL MEDIA**





# Scholarships

*Building Community isn't just a phrase. It's our passion.*

For students who are making a difference in our community or excelling in their studies, we take notice. So invest in your future and apply to one, or all of our scholarship awards. It's never too early!

## Стипендії

*"Будуємо громаду" це не просто фраза. Це наша пристрасть.*

Ми нагороджуємо студентів, які беруть участь в розбудові нашої спільноти та досягнули відмінних успіхів у навчанні.

Visit us online for more information on scholarships!

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*must be a member to apply!*

*Scholarship application process will be opened in January 2019.*



### MICHAEL REBRYK MEMORIAL SCHOLARSHIP

*For students showing community involvement and studying in the fields of either sports & recreation or performing arts (Music, Dance, Drama, etc.).*

One award of **\$2,500**

### WASYL SYTNYK MEMORIAL SCHOLARSHIP

*For students showing community involvement and studying in the fields of business, finance, banking, and wealth management.*

One award of **\$2,500**

### COMMUNITY LEADERSHIP SCHOLARSHIP

*For students showing community involvement and studying in various programmes in a post-secondary educational institution.*

Multiple awards of **\$1,000**

### NEW PATHWAY JOURNALISM FELLOWSHIP

*For a student enrolled in, or recently graduated from, a post-secondary field of study that will lead to a career in journalism (print, online, TV, radio) or photojournalism, & who can demonstrate community involvement*

One award of **\$3,000**

### EUGENE ROMAN SCHOLARSHIP

*For students showing community involvement and studying in a field that will lead to a career in the technology sector.*

One award of **\$2,000**

### UCU BOARD CHAIR'S SCHOLARSHIP

*For students showing community involvement and studying in various fields of ukrainianistics.*

One award of **\$2,000**